#### **WELCOME FOR FIRST YEARS**

NSS Units of Government College Mokeri, set up a 'Help Desk' for giving all possible assistance to the admission seekers. An Anti-ragging awareness class was conducted for the newcomers. They were also made aware about various activities of NSS.

### 150 YEARS OF CELEBRATING THE MAHATMA

Year-long programmes, in connection with the 150th birth anniversary celebrations of Mahatma Gandhi, were designed by the NSS units of our college. The units had organised various campaigns, to create awareness about the importance of cleanliness hygiene and sanitation, among the students and the teachers.

As a tribute to the Father of the Nation, a rally, carrying various placards, was arranged from the college to the nearby Mokeri town. All the volunteers were participated in this procession to spread Gandhian thoughts and values



#### Quiz Competition - Gandhi @ 150

A quiz competition, based on Mahatma's life and his messages, was conducted for

commemoration of 150th Birth Anniversary of Mahatma Gandhi. Prof. Vinod, Department of History, was the quiz master. The programme had given an opportunity, for both the participants and the audience, to recollect, Gandhian thoughts and ideologies.



### **Essay writing competition**

As part of Gandhi Jayanthi, an essay writing competition, was organized on the topic 'The Importance of Gandhian Ideas at the Present Scenario'. Students were actively participated in the competition and penned their thoughts. The winners were awarded.



Students participating in essay writing competition

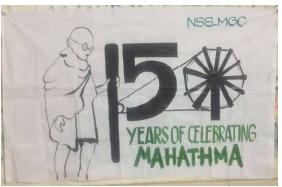
#### October -2

Day-long programmes were conducted in the college on 2<sup>nd</sup> October 2019. Students

made a Gandhi clay model with charka on this day.

The volunteers divided themselves into sub groups and organized a cleanliness drive. They cleaned the surroundings of college and the nearby roads.













# **GREEN PROTOCOL**

To enforce green protocol in college, several weekend workshops and skill development activities were organized. The volunteers received training on how to make paper bags, paper pen, paper file and booklets.

Volunteers then provided eco-friendly seminar materials like paper pens, paper file folders and paper bags made by themselves, to various departments in our college.





Students making paper pen, paper file, paper bag etc.





Students and teachers providing our handcrafted paper file, paper pen, paper booklet, during the National Seminar

NSS also supplied steel tumblers for all the functions in college thereby replaced the old plastic and paper cups.

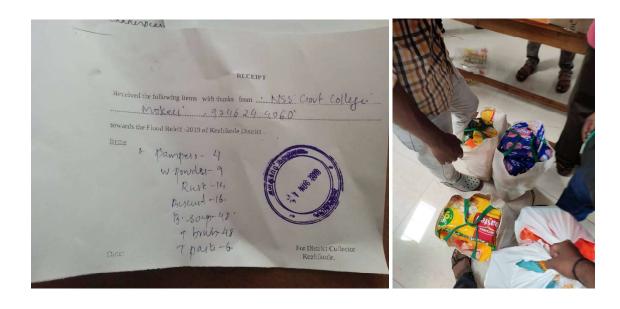




Our unit with crafted work

# **HELPING HANDS FOR FLOOD**

All the NSS Volunteers of College actively participated in the flood relief activities.



Volunteers purchased food and other necessities worth Rs. 7500 and donated them to the collection centre at District Collectorate on 11/08/2019.





Volunteers collecting money for flood relief activity from public



Under the guidance of Mrs Rijila Nadh A. P., NSS Cordinator of Wayanad District, the volunteers distributed necessary kitchen and household appliances worth Rs. 75,000 to five families in Panamaram, Wayanad, who were seriously affected by the flood. The unit collected money from both the public and faculties of our college.





Volunteers distributing house hold thing to the flood affected houses

The NSS units, in collaboration with College Union, distributed food items and dress materials worth Rs. 50,000/- to one of the flood relief camps at Nilambur, Pothukkallu in Malappuram district.



Post rescue cleaning activities, in around 17 houses at Thottilpalam, were bieng undertaken by the volunteers.



# THREE DAY RESIDENTIAL ORIENTATION CAMP -DHWANI 2K19

A three-day residential orientation programme, titled Dhwani 2K19, had been organised, from 8-11-2019 to 10-11-2019, in the college campus for the newly enrolled NSS Volunteers. The camp enlightened them about the potentials of National Service Scheme and the qualities one should equip to become a better volunteer. The camp was inaugurated by Prof. M P Sooppy, the College Principal. A preparatory class was given by Mr. Sajeesh Kumar, the Programme Officer. NSS Secretary Mr. Rishikesh S. Vasu delivered the vote of thanks.



After the inaugural session, Mr. Pradeep Menmunda, a famous theatre artist and the chief guest of the programme, took an interesting class for the members in the section 'know yourself'.



The cultural programmes were started by 7.15pm. An evaluation on the camp was done by the volunteers after the dinner.

The forenoon session of the second day began early morning with an assembly. After morning tea and breakfast, the volunteers gathered for 'writing of the day'. The volunteers were divided into small groups and different places of the campus were allotted for cleaning.

After the lunch a class was taken on 'NSS and its Contemporary Relevance'. The class, which was conducted by **Prof Ambujakshan, NSS Higher Secondary** Coordinator, helped in inculcating the spirit of service and social commitments among the volunteers. Cultural programmes were organised after then. There was an energetic campfire after supper.









The highlight of the third day was an interesting motivation class was taken by Mr.Saddique, a trainer, in the section "Uyare". A fare well meeting was arranged after the class. The best volunteers of the camp were announced then. A review of the whole camp was done.





# OBSERVATION OF HIROSHIMA AND NAGASAKI <u>DAYS</u>

The Hiroshima and Nagasaki Memorial Day was commemorated at our college by our NSS unit. It was observed as a day of peace and justice to all. An essay writing competition was conducted on the topic 'Atom Bomb in the Modern World'. Winners were awarded.



## **TEACHERS DAY CELEBRATION**

Teachers Day was celebrated on 5th September 2019 in our college by our NSS Unit. A variety of programs were conducted. Students made use of the day in expressing their gratitude and appreciation towards teachers. They presented their own handcrafted greeting cards and a red ink pen as a gift to all the faculties in the college. Importance of Teacher's day along with a short description about Dr. S Radhakrishnan were announced in college.





# **NSS DAY- GOLDEN JUBILEE CELEBRATION**

NSS day was celebrated in our college on 24th September 2019. The aim of the programme was to instill the spirit of social welfare in the students. The Programme officer of the unit hoisted NSS flag. NSS song was sung by our volunteers. All the volunteers from our unit gathered there to become the part of the ceremony. The Programme Officer spoke about the importance of providing service to society without any bias. As it was the fiftieth anniversary, we decided to conduct fifty activities.





A replica of NSS symbol was made by the volunteers in the courtyard of college. An essay writing competition on 'The Importance of Social Service in our life' was conducted on this occasion. Along with it a department wise NSS song singing competition was organised. Volunteers hold a bucket collection campaign to raise money and it was donated to a destitute.



## **OBSERVANCE OF CONSTITUTION DAY**

Indian Constitution Day was observed in our college on 26th November 2019 by reading out the text of the Preamble of the Indian Constitution.

In collaboration with the College Union a debate was conducted for the students.



NSS volunteer secretary reading preamble of our constitution

## **CHILDREN'S DAY CELEBRATION**

Children's Day was celebrated by our NSS volunteers at Mokeri L P School. Volunteers visited nearby schools on Children's Day and conducted various games and programmes to perk up the kids. The programme began with a prayer song by our volunteers.



The team had a vigorous interaction with the children. They gave a short description about the life of Jawaharlal Nehru. Based on that a quiz competition was conducted for the kids. Winners were awarded with small gifts.

It was a fun filled day for students as they were actively engaged in telling stories and singing songs. The day-long engagement with the 'little ones' gave memorable experience to the volunteers too.



## **WORLD AIDS DAY**

'World AIDS Day' was observed on 1st December 2019 by the NSS units to spread awareness about AIDS. A Flash Mob was performed, at Kuttiady Town, as an awareness programme on prevention of HIV/AIDS. The assembled crowd enjoyed it and understood the causes and preventive measures for this disease.



After the Flash Mob a rally was conducted to the nearby town in which students have taken banners and placards which contained AIDS awareness slogans.



## **SUPPORT FOR STATE DAIRY FARMERS MEET**

Volunteers actively participated in the 'State Dairy Farmers Meet' organised at Kaiveli village on 15th and 16th December 2019. It was a two-day programme.



Around fiftty students from our unit participated in that programme. By their selfless service and support our NSS volunteers won the hearts of the villagers and the organisers of the programme.



# NSS SURVEY FOR SAFETY OF CALICUT DISTRICT SCHOOLS

For conducting a survey on ensuring the security of the schools in Kozhikode district, a meeting was held at Kozhikode Collectorate Office. The programme officer of the unit along with two volunteers were participated in this meeting. Based on the instructions provided in the meeting, 43 schools were visited by our

unit, as part of survey. They collected details about the infrastructure and conditions of those schools and submitted the report and data to the NSS District Coordinator.



# SEVEN DAY SPECIAL CAMP –PUNARJANI

The Seven-Day Special camp started on 20.12.2019 at GSTS Thinur, Mullampath in Narippatta village. The inaugural ceremony was held by Smt. Narayani, President of Naripatta Grama Panchayth. Mr. Sudheesh Kaiveli ,Ward member, formally welcomed the gathering. Mr Sajeesh Kumar V.K., the Programme Officer of the unit explained the details of the works and routines to be performed for the seven-day

camp. Further, felicitation was done by Smt. Reeja , Sri. Ashraf K.K., and Sri Rishikesh S. Vasu.



All the volunteers of Second Year Degree Courses actively participated in the camp and devoted their selfless service. One of the main tasks of the camp was to construct a road along a wood laden area. Volunteers took it as a challenge and successfully accomplished the task.

Students were also got benefit from several resource persons whose daily classes imparted wisdom, encouragement and confidence in them.

Classes on topics with contemporary relevance like Gender Equality and Harmony, Fire and Safety, Self-awareness and Leadership were also arranged. It helped students to improve their talents and social skills.





Watching solar eclipse during camp





Volunteers constructing road.







Ward member handing over gold chain to the owner

One of the volunteers got a gold chain unexpectedly from road side during this time. Without any hesitation it was handed over to the ward member. He returned it to the owner.

## <u>ABHAYAM PROJECT – SAHAPADIKKORU VEEDU</u>

As part of the Abhayam project a house was built in the academic year too. It was donated to Pranav Swaroop, a former student and NSS Volunteer Secretary of our college.



An advisory committee was set up for this purpose. Based on the instructions laid down by this committee the fund for this project was collected from different sources. All the students and faculty of our college donated generously for the project. They also collected money from merchants, shop owners and nearby houses. All the construction work except the skilled labour needed for the house construction was done by the volunteers themselves. Their sincere contribution in making the programme a grand success should be highlighted.











# **VISITING "THANAL"-"KOODE"**

In collaboration with volunteers from other colleges, our NSS team members had participated in a Pre-Orientation class held at Thanal Old Age Home, Edacheri. The classes were taken by Anees and Illyas. Around 70 volunteers from our unit took part in the programme and supplied the necessary items to the THANAL inmates.



• Our volunteers participated in the selection camp on 28<sup>th</sup> January2020 held at Calicut University.

### **BLOOD DONATION CAMP**

A blood donation camp was conducted in our college on  $15^{th}$  January 2020 by NSS unit and College Union of Government College Mokeri by joining with Blood Doners Kerala (BDK) and Malabar Cancer center Thalassery .

The members of BDK took a detailed class on the importance of Blood Donation and its requirement. The entire college participated in this programme.



The camp was inaugurated by the programme officer Mr. Sajeesh Kumar by donating his blood. Around 60 students and faculties donated their blood.





## **QUIT DRUGS CHOOSE LIFE-ANTIDRUG CAMPAIGN**

An anti-drug committee was formed in our college based on the awareness programme "Nalathe keralam lahari vimuktha Nava Keralam". Anti-Narcotic pledge was taken at our college on 16th January 2020.



As trolls are getting more popularity among students our volunteers decided to

conduct a troll making competition on Drug abuse. It helped them not only to improve creativity but also to think about drug abuse.



### **INDEPENDENCE DAY, REPUBLIC DAY CELEBRATION**

National days like\_Republic day and Independence day were celebrated in our college. On Republic day after the flag hoisting students went for collecting fund for the completion of Abhayam project.



## **KERALA VOLUNTEER YOUTH ACTION FORCE (KVYAF)**



The volunteers who were the members of KVYAF organised various activities like canal cleaning (Ramanattukara, Vanimel), Blood Donation, Flood related activities etc.

• Our volunteers participated in the intercollege volunteers meet held at Farook college, Feroke.



### **COLLEGE FM RADIO –MGC 19.8 FM**



In association with Jeevani (a mental health programme implemented by the Government of Kerala for the well-being of students of Government College) 'MGC 19.8 FM', a college Radio, was started on 15th November 2019 by our NSS unit. All the important events in our college were delivered through the FM on every Friday during lunch break. This helped to instill a positive thought and creative mentality in the students.

## **MENTAL HEALTH AWARENESS CLASS**

An awareness class on Mental Health was conducted for NSS volunteers on 2nd March 2020. The class was led by Mr. Muhammaod Sahid, a Consultant Psychologist and Assistant Professor of Markaz College Malappuram. It helped a lot in stimulating and facilitating the learning activities thereby improving the performance level of students. It was in a way a motivation class for the students.





# **ROOF TOP FARMING**





Volunteers started roof top farming on the top of our college building. They collected mud and organic manure in plastic cover and planted vegetable seeds in them. Though the harvest was expected by the end of March, due to lock down we couldn't't collect the ripening crops.

## **REDUCE AND REUSE**

In an attempt to provide the 'best out of waste', students collected waste plastic bottles and reused it by cutting into different shapes and painted it with different colours.



These coloured bottles were used for beautification of our college. Some of our volunteers thought of reusing these bottles to plant small saplings. Due to lock down we couldn't complete this programme properly.

# **FIT INDIA (THREE DAY PROGRAMME)**

As part of 'Fit India Movement' a three-day special programme was conducted at our college. The programme was inaugurated by Prof Saran K S, HoD of Physical Education on 18/01/2020 at the college courtyard.



He spoke about the relevance of 'Fit India Movement' and encouraged the students to remain healthy and fit by including physical activities and sports in their daily life. The following two days were utilised for physical training activities under his guidance.





#### • SANNADHASENA REGISTRATION

More than fifty volunteers registered in the sannadhasena.

# **BREAK THE CHAIN PROGRAMME**



#### GOVERNMENT COLLEGE MOKERI



NSS UNIT

During the time of lock down we encouraged volunteers to be the part of break the chain campaign. Online campaigning programme against COVID-19 was conducted.

## PARAVAKALKKU VENDI



Our NSS unit decided to provide water for birds and volunteers created a space for birds in their houses.